

May 2026 half-term break!

Breakdancing with JV!



O
U
R
V
I
D
E
O

Venue: Lantern Arts Theatre

Days: Tuesday 26th May

Ages: 5-13 year olds

Times: 9am - 12pm

PAX: 18

Fee: £60

Family + membership discounts apply.



Breakdance Workshops!

Taught by a pro.

Empowering every individual!

Qualified:

British gymnastics coach.

Hip-Hop instructor - specialising in breakdancing.

Sports & P.T.

Our aim:

- **To provide inclusive, fun, safe, energetic fitness classes through breakdancing.**

Benefits:

- **Build self-confidence**
- **Develop team working skills**
- **Improve listening skills**
- **Strengthen and tone muscles**
- **Increase serotonin**
- **Enhance motor skills & coordination**
- **Increase flexibility**
- **Inspire physical and mental well-being**



Book your place with us today!

Venue: Lantern Arts Theatre

Days: Tuesday 26th

Ages: 5-13 year olds

Times: 9am - 12pm

PAX: 18

Fee: £60

Family + membership discounts apply.

